

FOREST SPA MENU

RELAX. REVIVE. RESTORE.

**** (Please note: A couple refers to 2 people spending time together) ****

HALF DAY COUPLES PACKAGE @ R1900 PER PERSON

***2 Hours of Pamper *2HR Private Jacuzzi/Sauna *Lunch Platter *Bottle of MCC**

30mins – Foot Massage	Wash, Seed Scrub, Spa Massage Oil
15mins – Body Brushing	Your skin will feel rejuvenated and allows for the natural oils applied on afterwards to be absorbed.
75mins – Body Massage	Experience the bliss of our signature Island-Style FULL Body Massage that eases tension and melts away stress leaving you feeling deeply peaceful and a whole lot lighter.

Treatments are in our beautiful glass SPA room surrounded by indigenous forest. Finish your day of pampering together by enjoying a 2hr private jacuzzi/sauna with a Tapas Lunch Platter for 2 while sipping MCC.

DELUXE COUPLES PACKAGE @ R1475 PER PERSON

***2 Hours of Pamper *Lunch Platter**

30mins – Foot Massage	Wash, Seed Scrub, Spa Massage Oil
15mins – Body Brushing	Your skin will feel rejuvenated and allows for the natural oils applied on afterwards to be absorbed.
75mins – Body Massage	Experience the bliss of our signature Island-Style FULL Body Massage that eases tension and melts away stress leaving you feeling deeply peaceful and a whole lot lighter.

Treatments are in our beautiful glass SPA room surrounded by indigenous forest. Followed by a relaxing afternoon with a Tapas Lunch Platter for 2 to share on the pool deck of our beautiful lodge.

HOT SPA COUPLES PACKAGE @ R1300 PER PERSON

***Couples Massage *2HR Private Jacuzzi/Sauna *Lunch Platter *Bottle of MCC**

1 HOUR FULL Body Couples Massage in the glass Forest SPA heated by cosy open fire. Sip on delicious bottle of MCC and nibble on a Tapas Lunch Platter while relaxing together in the Jacuzzi and glass enclosed sauna with forest views.

COUPLES MASSAGE AND LUNCH R825 PER PERSON

***Couples Massage *Lunch Platter**

1 HOUR FULL Body Couples Massage in our beautiful glass Forest SPA, followed by a Tapas Lunch Platter for 2 to share on the pool deck of our beautiful lodge.

PRICE LIST PER INDIVIDUAL SPA OPTIONS

**** 2 HOUR Massage R1300 per person ****

**** 1.5 HOUR Massage R975 per person ****

**** 1 HOUR Massage R650 per person ****

2HOUR SPA Experience (Exclusive Use of Jacuzzi & Sauna) R700 per couple

SPA Platters : Snack @ R200 or Lunch @ R350 per platter

Bottle of MCC (Methode Cap Classique) R300 per bottle

WE LOOK FORWARD TO WELCOMING AND PAMPERING YOU IN OUR BEAUTIFUL FOREST SETTING



CONTACT US :

Our SPA Facility is very popular and therefore always busy with limited availability!! We highly recommend that should you be interested in any of the above mentioned, please kindly contact with us directly to confirm a treatment / time.

Lodge Number : 044 534 8191
Lodge Email : ops@trogonhouse.co.za
Central Res Email : reservations@trogonhouse.co.za

THE CRAGS, PLETTENBERG BAY

WWW.TROGONHOUSE.CO.ZA